



ABOUT THIS EVENT

Unlock Your True Potential with Soul Embodiment Workshops, Our workshops guide participants to break free from limiting beliefs, release old traumas, and reconnect with their authentic selves through the Amazing You method and soul-seeding practices. No prerequisites are required to join.



Testimonials & Contact
Hear From Our Clients:

“I found my true purpose
and let go of years of doubt.”
- Marima

“This workshop changed how
I see myself and my life.” - [
Stephanie

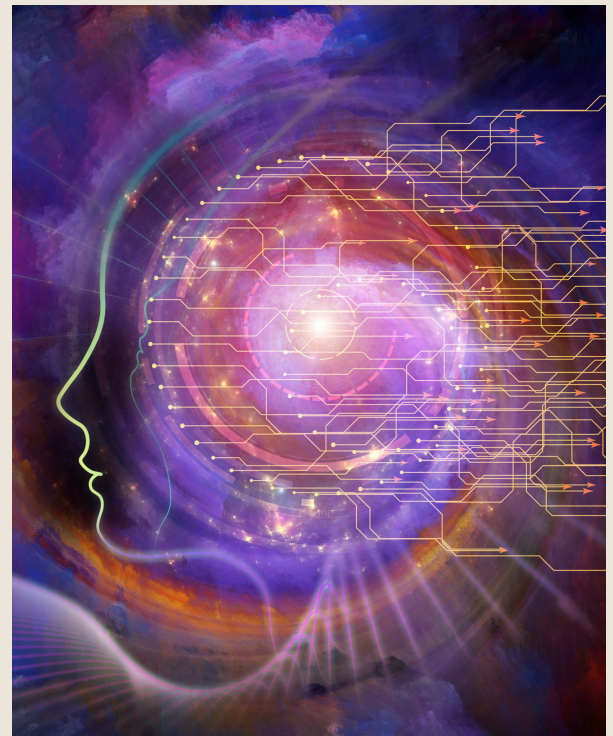
More on website

Let's partner for
an event.

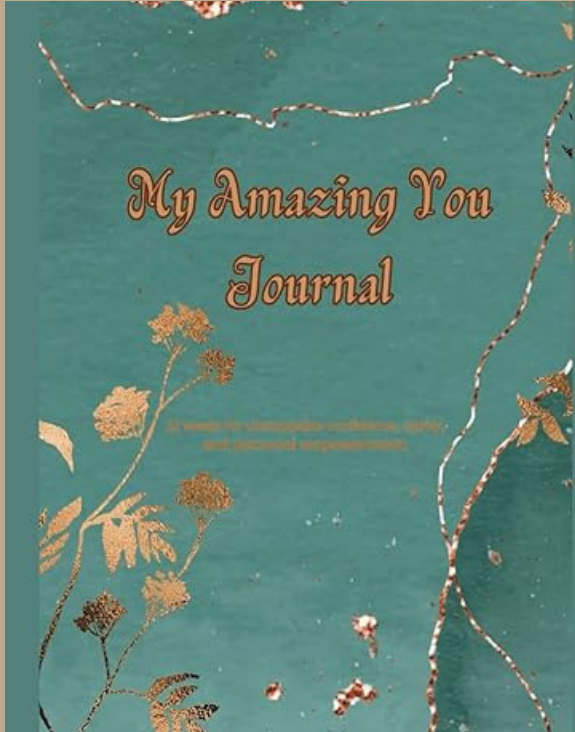
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SOUL EMBODIMENT & IDENTITY AWAKENING

Transformational Experiences for
High Performers, Wellness Seekers,
and Corporate Teams



Discover Your Potential -
Book Your Workshop Today!



Also found on Amazon

EXPERIENCE:

Focus and motivation building, clarity writing, self-confidence exercises, journaling, meditation, sound healing, energy work, breathwork, and movement.

Every participant will get to leave with their very own “My Amazing You Journal” to keep their transformation going.

WORKSHOP OPTIONS

4-Hour Immersion: The Soul Psychology Experience

- Audience: Individuals, yoga studios, and wellness communities
- Investment: \$1000 minimum (\$97 pp 10 people.)
- Format:
 - 1 Hour: Masterclass & Self-Exploration
 - 1 Hour: Embodiment Practice
 - 2 Hours: Soul Journey & Integration
- Outcome: Clarity, confidence, and energetic alignment.

3-Day Transformation: The Amazing You Experience

- Audience: Retreats, corporate wellness programs, and holistic events
- Investment: \$5,000 + (based on group size)
- Format:
 - Day 1: Identity & Self-Awareness - The Amazing You Method
 - Day 2: Relationship & Emotional Connection
 - Day 3: Embodiment & Soul Calling Integration
- Outcome: Personal transformation, Goal alignment, and confidence in one’s purpose.

WHY CHOOSE US?

What Sets Us Apart

- Trauma-informed & Evidence-Based, for the body, mind, and soul.
- Holistic Approach: Integrates somatic, mindset, and energy modalities.
- Expert Guidance: Led by Dr. Lisha Antiqua, a certified professional with a Ph.D. in Transpersonal Psychology.
- Ongoing Community Support: Stay connected with our online community after the workshop.
- “My Amazing You Journal” each participant will leave with a 12-week plan.

